

Food resources near you – Northern Tasmania

Here are some ideas for local services where you can access fresh food and material support

Community and Neighbourhood Centres: find connections and build your community

Name	Address	Services	Website	Phone number
Northern Suburbs Community Centre	49 George Town Rd, Newnham 7248	Freezer filler meals, veggie bags (delivered), community lunches, free bakery items,	http://www.nscctas.org.au/	(03) 6326 5506
	The Shed, 12 King Billy Crs, Rocherlea			(03) 6236 5506
	Dover St, Mowbray			(03) 6326 6776
Starting Point Neighbourhood House	6 Prossers Forest Rd, Ravenswood	Community garden, op shop, Loaves & Fishes food support, Eating with Friends,	https://www.facebook.com/startingpointtas/ https://www.ravenswoodnh.org/	(03) 6339 2861
Beaconsfield House Inc	33 Grubb St Beaconsfield 9am-4pm Mon-Fri	Community meals, op shop, information	http://www.beaconsfieldhouse.org.au/ https://www.facebook.com/BeacyHouse/	(03) 6383 1110
Deloraine House Inc	110-112 Emu Bay Rd Deloraine	Emergency relief, financial counselling, food support, community garden	https://www.delorainehouse.com.au/new_del/ https://www.facebook.com/deloraine.house.3/	(03) 64362 2678
Dorset Community House	3 Cameron St Scottsdale	Seasonal Fruit & veg, community gardens, eating with friends	https://www.facebook.com/dorsetcommunityhouse/	(03) 6352 2765
Fingal Valley Neighbourhood House Inc.	20 Talbot St Fingal	Loaves & Fishes food support, information	https://www.facebook.com/fingalvalleyneighbourhoodhouse/	(03) 6374 2355 9am-3pm Mon-Fri

George Town Neighbourhood House	187 Agnes St George Town	Emergency relief, Loaves & Fishes, daily breakfast, bakery goods, community lunch	https://www.nht.org.au/houses/george-town-neighbourhood-house https://www.facebook.com/georgetownhood/ https://www.gtnh.org.au/	(03) 6312 3019
St Helens Neighbourhood House	25 Circassian St, St Helens.	Community garden, eating with friends, Loaves & Fishes food support, information	https://www.facebook.com/sthelensnhh.org.au/ http://www.sthelensnhh.org.au/	(03) 6376 1134
Tresca Community Centre	39 Main Rd Exeter	Community garden, community lunches, op shop	https://www.facebook.com/Tresca-Community-Centre-348360608529210/ http://www.tresca.org.au/	(03) 6394 4231 9am-3pm Mon-Fri

Service Providers: may be able to help with emergency relief

City Mission	48 Frederick St Mon-Fri 8.45am-4.30pm	Emergency Relief	https://www.citymission.org.au/find-a-service/community-families	(03) 6335 3000
	57 Mount St, Burnie Wed & Thurs 10am-12pm	Emergency relief	https://www.citymission.org.au/find-a-service/community-families	(03) 6335 3000
Red Cross	403-407 Invermay Rd, Mowbray	Emergency relief	https://www.redcross.org.au/get-help/help-for-migrants-in-transition/help-for-migrants-in-transition	(03) 6235 6080
	16 Alexander St, Burnie	Emergency relief	https://www.redcross.org.au/get-help/help-for-migrants-in-transition/help-for-migrants-in-transition	(03) 6431 1848
Anglicare Tasmania	122 Elizabeth St Launceston	Emergency relief, Financial Counselling	https://www.anglicare-tas.org.au/community-support-services/	1800 243 232
	56 Cecilia St, St Helens	Emergency relief, Financial counselling	https://www.anglicare-tas.org.au/community-support-services/	1800 243 232
	51 Wilmot St, Burnie	Financial counselling	https://www.anglicare-tas.org.au/community-support-services/	1800 243 232
	31 King St, Devonport	Financial counselling	https://www.anglicare-tas.org.au/community-support-services/	1800 243 232
	102 Main St, Zeahan	Financial counselling	https://www.anglicare-tas.org.au/community-support-services/	1800 243 232

Launceston Benevolent Society	5 Innocent St, Kings Meadows Mon-Fri 9am-12pm	Food parcels and emergency support	https://www.lbs.org.au/services	(03) 6344 4213
Salvation Army Launceston	111 Elizabeth St Launceston	Community meal (FREE) Wed 5.30pm	https://www.salvationarmy.org.au/launceston/what-we-offer-the-community/	(03) 6323 7500
St Vincent De Paul Society	Various locations	Vinnies van – food, hot drinks, information	https://www.vinnies.org.au/findhelp/view/93	(03) 6326 5551
CatholicCare VIC/TAS	State-wide access	Emergency relief	https://catholiccaretas.org.au/services/emergency-and-crisis-assistance	1800 819 447 Mon-Fri 9am-5pm
Wyndarra Centre	43 Smith St Smithton	Emergency Relief	http://www.wyndarra.org.au/index.html	(03) 6452 1509
Youth, Family & Community Connections	62 Stewart St, Devonport	Emergency relief	https://yfcc.com.au/what-we-do/emergency-relief-program/	(03) 6423 6635
	129 Wilson St, Burnie	Emergency relief	https://yfcc.com.au/what-we-do/emergency-relief-program/	(03) 6423 6636
	Little Goldie St, Wynyard	Emergency relief	https://yfcc.com.au/what-we-do/emergency-relief-program/	(03) 6431 9552
	10 King St, Smithton (Circular Head Aboriginal Corporation)	Emergency relief	https://yfcc.com.au/what-we-do/emergency-relief-program/	0439 029 618

Have you adapted what food you buy or how you cook during the pandemic?

We are listening to communities to how they are keeping healthy whilst stretching the budget. We'd love to know your experience, shopping hacks, and recipe tips to share!

Contact Scutt, Multicultural Kitchen Project at MRC Tas - 6221 0999

Other MRC Tas programs and services you might like:

- **MRC Tas Migrant Network** –
<https://www.facebook.com/groups/migrantnetworktasmania/>
- Follow **MRC Tas** on Facebook: <https://www.facebook.com/mrctasmania/>
- Follow the **Multicultural Council of Tasmania (MCOT)**
<https://www.facebook.com/MulticulturalCouncilTasmania/>