

Inn ah thinlung ruahnak lei ngandam tein umnak



Ka umtu ning



Ngaihchiami/Tapmi

Ka herh

Na umtu ning chim
Fak piin kuh (fak pin rehchih!)
Hmai cungah a kik i a cinmi
puan chiah
Paw lei in Thawchuahnak



Thinlungmi/Hrutmi/Awlokchongmi

Hmai cungah a kik i a cinmi
puan chiah
Kutin dir/Kutnam in tang vawlei
tonghter
Fak piin kuh (fak pin rehchih!)



Sullam ngeilomi/Umharmi/dai tein
umlomi

Uar bikmi hla sinah laam
Pumpuluh hlok
Khairiat bawlung a nemmi
chem in chuih
A lengah saa pel

Bawmhak na herh ahcun,
zaangfahnak in 03 6234 9138 ah
Phoenix Centre kha pehtlaihna tuah.

Tasmanian Acozah, Ngandamnak Phuthen nih Bawmhmi

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Ka umtu ning



Thingphangmi/Lungretheimi

Ka herh

Na umtu ning chim
Fak piin kuh (fak pin rehchih!)
Uar bikmi cawlcanghnak tuah



Afianglomi/khuatuak khawhlomi

Ring-awn ngaih
Hla fungkhat in sak
Lamlen ah kal
Cawlcanghnak a ummi kem
celh



Ngaihchiami/lungrawkmi

Hawikom pakhat sin ah biaruah
Hla fungkhat in sak
Lamlen ah kal
Lungfim tein umnak – 'Thil 4 a
min chim'

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